
Centers Against Abuse & Sexual Assault
PO Box 996
Spencer, IA 51301
Office Phone: 712-262-4612
Crisis Line: 877-362-4612
Executive Director: Stephanie Henrick (stephanie@caasaonline.org)
http://caasaonline.org

Sexual Assault Services:
All counties in Region One.

Domestic Violence Services:
All counties in Region One.

Family Crisis Centers, Inc.
PO Box 295
Sioux Center, IA 51250
Office Phone: 712-722-4404
Crisis Line: 800-382-5603
Executive Director: Jessica Rohrs (jessicar@familycrisiscenters.org)
www.familycrisiscenters.org

Domestic Violence & Human Trafficking Services:
Buena Vista, Calhoun, Carroll, Cherokee, Clay, Crawford, Dickinson, Emmet, Ida, Lyon, Monona, O’Brien, Osceola, Palo Alto, Pocahontas, Sac, & Sioux Counties
Homicide/Other Violent Crime Services

Safeplace
PO Box 1665
Sioux City, IA 51102
Office Phone: 712-277-0131
Crisis Line: 877-982-7233
Executive Director: Stephanie Pickinpaugh (stephanie@safeplacesiouxland.org)
www.safeplacesiouxland.org

Domestic Violence Services:
Plymouth & Woodbury Counties

Shelter Services:
All counties in Region One.

IOWA VICTIM SERVICE CALL CENTER
1-800-770-1650
IOWA COALITION AGAINST DOMESTIC VIOLENCE
IOWA COALITION AGAINST SEXUAL ASSAULT
Service Area: Boone, Butler, Cerro Gordo, Floyd, Franklin, Greene, Grundy, Hamilton, Hancock, Hardin, Humboldt, Kossuth, Marshall, Mitchell, Story, Tama, Webster, Winnebago, Worth, & Wright Counties

DOMESTIC/SEXUAL ASSAULT OUTREACH CENTER
PO Box 773
Fort Dodge, IA 50501
Executive Director: Brenda McBride (brendam@dsaoct.com)
www.dsaoc.com

ACCESS: ASSAULT CARE CENTER EXTENDING SHELTER AND SUPPORT
PO Box 1429
Ames, IA 50014
Office: 515-292-0500
DV Crisis Line: 855-983-4641
SA Crisis Line: 800-203-3488
Shelter: 1-855-696-2980
Executive Director: Michelle Cole (michelle@assaultcarecenter.org)
www.assaultcarecenter.org

CRISIS INTERVENTION SERVICE
206 Third NE
Mason City, IA 50401
Office: 641-423-0490
DV Crisis Line: 855-424-9133
SA Crisis Line: 800-479-9071
Executive Director: Mary Ingham (mary@cishelps.org)
www.cishelps.org

DOMESTIC/SEXUAL ASSAULT OUTREACH CENTER
PO Box 773
Fort Dodge, IA 50501
Executive Director: Brenda McBride (brendam@dsaoct.com)
www.dsaoc.com

R.I.S.E.: RESOURCES FOR INDIGENOUS SURVIVORS & EMPOWERMENT
1834 340th St.
Tama, IA 52339
Program Director: Jourdan Reynolds (jourdan.reynolds@meskwaki-nsn.gov)
www.meskwaki.org

DOMESTIC ABUSE
SEXUAL ABUSE
HOMICIDE/OVC
SHELTER

ACCESS: ASSAULT CARE CENTER EXTENDING SHELTER AND SUPPORT
PO Box 1429
Ames, IA 50014
Office: 515-292-0500
DV Crisis Line: 855-983-4641
SA Crisis Line: 800-203-3488
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DOMESTIC ABUSE
SEXUAL ABUSE
HOMICIDE/OVC
SHELTER
Service Area: Allamakee, Benton, Black Hawk, Bremer, Buchanan, Chickasaw, Clayton, Delaware, Dubuque, Fayette, Howard, Jones, Linn, & Winneshiek Counties

AMANI COMMUNITY SERVICES
1073 Rockford Rd Place
Cedar Rapids, Iowa 50703
2315 Falls Ave., Ste. 1
Waterloo, IA 50701

Executive Director: Lisa Ambrose (lisa@amani-cs.org)
www.amani-cs.org

Cedar Rapids Office: 319-804-0741
Crisis Line: 888-983-2533
Waterloo Office: 319-232-5660

Culturally Specific Domestic Violence & Sexual Assault Services for Black & African American victim/survivors- Blackhawk & Linn Counties, (Polk, Scott)

THRIVE TOGETHER TODAY
4225 Glass Rd NE
Cedar Rapids, IA 52402

Executive Director: Jennifer Upah-Kyes (director@thrivetogethertoday.org)
www.thrivetogethertoday.org

V/VP: 319-531-7719
V/VP After Hours: 855-812-1001

Culturally Specific Domestic Violence & Sexual Assault Services for Deaf & Hard of Hearing victim/survivors- Linn County

WAYPOINT
318 Fifth Street
Cedar Rapids, IA 52401

Program Director: Nelly Hill (nelly@waypointservices.org)
www.waypointservices.org

Office Phone: 319-365-1458
Crisis Line: 800-208-0388

Domestic Violence Services: Benton, Black Hawk, Buchanan, Delaware, Dubuque, Jones, & Linn Counties

Homicide/Other Violent Crime Services

IOWA VICTIM SERVICE CALL CENTER 1-800-770-1650
### SERVICE AREA

Allamakee, Benton, Black Hawk, Bremer, Buchanan, Chickasaw, Clayton, Delaware, Dubuque, Fayette, Howard, Jones, Linn, & Winneshiek Counties

### IOWA VICTIM SERVICE CALL CENTER

1 - 8 0 0 - 7 7 0 - 1 6 5 0

### MONSOON ASIANS & PACIFIC ISLANDERS IN SOLIDARITY

1789 Elm Street, Dubuque, IA 52001

- **Office**: 563-556-1677
- **Help Line**: 1-866-881-4641

**Executive Director**: Mira Yusef  
(mira@monsooniowa.org)

www.monsooniowa.org

- Culturally Specific Domestic Violence & Sexual Assault Services for Asian & Pacific Islander victim/survivors: All ninety-nine (99) Iowa Counties.

### RIVERVIEW CENTER

1789 Elm Street, Dubuque, IA 52001

- **Office Phone**: 563-557-0310
- **Crisis Line**: 888-557-0310

www.riverviewcenter.org

- Sexual Assault Services: All counties in Region Three.

### HELPING SERVICES FOR YOUTH & FAMILIES

PO Box 524, Postville, IA 52162

- **Office Phone**: 563-387-1720
- **Crisis Line**: 800-383-2988

**Program Director**: Carson Eggland  
(ceggland@helpingservices.org)

www.helpingservices.org

- Domestic Violence Services: Allamakee, Bremer, Chickasaw, Clayton, Fayette, Howard, & Winneshiek Counties

### FRIENDS OF THE FAMILY

PO Box 784, Waverly, IA 50677

- **Office Phone**: 319-352-1108
- **Crisis Line**: 1-800-410-7233

**Executive Director**: Ben Brustkern  
(ben@fofia.org)

www.fofia.org

- Shelter & Human Trafficking Services: All counties in Region Three.

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IOWA VICTIM SERVICE CALL CENTER

1 - 8 0 0 - 7 7 0 - 1 6 5 0

IOWA COALITION AGAINST DOMESTIC VIOLENCE

IOWA COALITION AGAINST SEXUAL ASSAULT
Service Area: Adair, Adams, Audubon, Cass, Clarke, Dallas, Decatur, Fremont, Guthrie, Harrison, Madison, Mills, Montgomery, Page, Pottawattamie, Ringgold, Taylor, Shelby, & Union Counties

Catholic Charities Domestic Violence & Sexual Assault Program
300 West Broadway, Ste. 223
Council Bluffs, IA 51503
Office Phone: 712-256-2059
Crisis Line: 888-612-0266
Program Director: Carrie Potter (cpotter@catholiccharitiesdm.org)
www.catholiccharitiesdm.org

Catholic Charities Domestic Violence & Sexual Assault Program offers services in Audubon, Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, & Shelby Counties. The Crisis Line is available at 888-612-0266. The Program Director is Carrie Potter.

Crisis Intervention & Advocacy Center
PO Box 40
Adel, IA 50003
Office Phone: 515-993-4095
Domestic Abuse Hotline: 1-800-400-4884
Sexual Assault Hotline: 1-800-550-0004
Executive Director: Johna Sullivan (johna@supportingsurvivors.org)
www.supportingsurvivors.org

Crisis Intervention & Advocacy Center provides services in Adams, Adair, Clarke, Dallas, Decatur, Guthrie, Madison, Ringgold, Taylor, & Union Counties. The Domestic Abuse Hotline can be reached at 1-800-400-4884, and the Sexual Assault Hotline at 1-800-550-0004. The Executive Director is Johna Sullivan.
**AMANI COMMUNITY SERVICES**

950 Office Park Road, Ste. 127  
West Des Moines, IA 50265  
Office Phone: 515–991–4589  
Crisis Line: 888–983–2533  
Executive Director: Lisa Ambrose (lisa@amani-cs.org)  
Des Moines Advocate: Megan Bush (megan@amani-cs.org)  
www.amani-cs.org

Culturally Specific Domestic Violence & Sexual Assault Services for Black & African American victim/survivors - Polk County, (Blackhawk, Linn, Scott)

**CFI: DOMESTIC VIOLENCE SERVICES**

1111 University Ave.  
Des Moines, IA 50314  
Office Phone: 515–471–8699  
Crisis Line: 515–243–6147  
Program Director: Lori Rinehart (lorir@cfiowa.org)  
www.cfiowa.org

Domestic Violence & Shelter Services: Polk & Warren Counties

**EMBARC**

2309 Euclid Ave.  
Des Moines, IA 50310  
Office Phone: 515–286–3928  
Executive Director: Henny Ohr (henny@embarciowa.org)  
www.embarciowa.org

Culturally Specific Domestic Violence & Sexual Assault services to immigrant & refugee victims/survivors - Polk County, (Black Hawk)

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**Service Area:** Appanoose, Davis, Jasper, Jefferson, Keokuk, Lucas, Mahaska, Marion, Monroe, Polk, Poweshiek, Wapello, Warren, & Wayne Counties
Service Area: Appanoose, Davis, Jasper, Jefferson, Keokuk, Lucas, Mahaska, Marion, Monroe, Polk, Poweshiek, Wapello, Warren, & Wayne Counties

LATINAS UNIDAS POR UN NUEVO AMANECER (L.U.N.A.)
100 E. Euclid Ave. 153
Des Moines, IA 50313
Office Phone: 515-271-5060
Crisis Line: 866-256-7668
Executive Director: Melissa Cano Zelaya (melissa@lunaiowa.org)
www.lunaiowa.org

MONSOON ASIANS & PACIFIC ISLANDERS IN SOLIDARITY
4944 Franklin Ave., Ste. B
Des Moines, IA 50310
Office Phone: 515-288-0881
Crisis Line: 866-881-4641
Executive Director: Mira Yusef (mira@monsooniowa.org)
Director of Programs: Hieu Pham (hieu@monsooniowa.org)
www.monsooniowa.org

NISAA AFRICAN FAMILY SERVICES
4926 Franklin Ave.
Des Moines, IA 50310
Office Phone: 515-255-5430
Crisis Line: 1-844-269-6203
Executive Director: Hibo Jama (hibojama@nisaa-afs.org)
www.nisaa-afs.org

IOWA VICTIM SERVICE CALL CENTER
1-800-770-1650
IOWA COALITION AGAINST DOMESTIC VIOLENCE
IOWA COALITION AGAINST SEXUAL ASSAULT

Service Area: Polk, Warren, Marshall, Polk, & Tama Counties

Culturally Specific Domestic Violence & Sexual Assault services for Latinx victim/survivors - Marshall, Polk, & Tama Counties

Culturally Specific Domestic Violence & Sexual Assault services to Asian & Pacific Islander victim/survivors: All ninety-nine (99) Iowa Counties

Culturally Specific Domestic Violence & Sexual Assault services for African victims/survivors - Polk County, (Johnson)
Service Area: Appanoose, Davis, Jasper, Jefferson, Keokuk, Lucas, Mahaska, Marion, Monroe, Polk, Poweshiek, Wapello, Warren, & Wayne Counties
REGION 6

Service Area: Cedar, Clinton, Des Moines, Henry, Iowa, Jackson, Johnson, Lee, Louisa, Muscatine, Scott, Washington, & Van Buren Counties

DOMESTIC VIOLENCE INTERVENTION PROGRAM
1105 S. Gilbert Ct. Iowa City, IA 52240 Office Phone: 319-351-1042 Crisis Line: 800-373-1043 Executive Director: Kristie Fortman-Doser (kristie@dvipiowa.org) www.dvipiowa.org

AMANI COMMUNITY SERVICES
2800 Eastern Avenue, Building F Office Phone: 563-564-5392 Crisis Line: 888-983-2533 Executive Director: Lisa Ambrose (lisa@amani-cs.org) Davenport Advocate: La' Cretsia Parrow (lecretsia@amani-cs.org) www.amani-cs.org

FAMILY RESOURCES: SURVIVOR SERVICES
2800 Eastern Ave. Office Phone: 563-468-2318 Crisis Line: 866-921-3354 Program Director: Alyse Hardin (alysee@famres.org) www.famres.org

IOWA VICTIM SERVICE CALL CENTER 1-800-770-1650
IOWA COALITION AGAINST DOMESTIC VIOLENCE IOWA COALITION AGAINST SEXUAL ASSAULT

Culturally Specific Domestic Violence & Sexual Assault Services for Black & African American victim/survivors: Scott County, (Blackhawk, Linn, Polk)

Domestic Violence, Sexual Assault, Human Trafficking, & Shelter Services: Clinton, Jackson, Louisa, Muscatine, & Scott Counties

Homicide/Other Violent Crime Services

Domestic Violence & Shelter Services: Cedar, Des Moines, Henry, Iowa, Johnson, Lee, Washington, & Van Buren Counties
Service Area: Cedar, Clinton, Des Moines, Henry, Iowa, Jackson, Johnson, Lee, Louisa, Muscatine, Scott, Washington, & Van Buren Counties

**MONSOON ASIANS & PACIFIC ISLANDERS IN SOLIDARITY**

Suite 18, Eastdale Plaza  
1700 S. 1st Avenue  
Iowa City, IA 52240  
Office Phone: 319-466-9000  
Crisis Line: 866-881-4641  
www.monsooniowa.org

Director of Programs: Lata D’Mello  
lata@monsooniowa.org

Culturally Specific Domestic Violence & Sexual Assault services to Asian & Pacific Islander victim/survivors: All ninety-nine (99) Iowa Counties

**NISAA AFRICAN FAMILY SERVICES**

1700 S 1st Avenue, Suite A and B  
Iowa City, IA 52240  
Office Phone: 319-338-7617  
Crisis Line: 1-844-269-6203  
www.nisaa-afs.org

Executive Director: Hibo Jama  
hibojama@nisaa-afs.org

Culturally Specific Domestic Violence & Sexual Assault services for African victims/survivors: Johnson County, (Polk)

**RVAP: RAPE VICTIM ADVOCACY PROGRAM**

332 S. Linn St., St. 100  
Iowa City, IA 52240  
Office Phone: 319-335-6001  
Crisis Line: 800-228-1625  
www.rvap.uiowa.edu

Executive Director: Adam Robinson  
adam-robinson@uiowa.edu

Sexual Assault Services: Cedar, Des Moines, Henry, Iowa, Johnson, Lee, Washington, & Van Buren Counties